

**Migmar Tsering - “In every work of life there is a song”**  
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“We say, like... Tibetans, when they learn how to walk, they all know how to dance. And in every work of life, there is a song for that. If you are harvesting, there's a song. If you are irrigating the fields, there is a song. If you are leveling the fields, there is another song. And then if a boy and a girl are trying to have some love affairs and trying to pass the message to each other, there is another song called Tselu. It's endless.

When I went back to Tibet in 1994, I was maybe a teenager, not sure how old. And I saw, like, they are celebrating, they are not working. It's like, like my neighbor is plowing the fields, right there, on his field. My dad and my family here, and then others in their own field. And then there's a song coming from here, a song coming from there, a song coming from here, and then you hear the ringing bells of the yaks and the dzo. And then the whistlings and then the kids running here and there. It's—there's so much joy. At the end of the day. It's hard to tell that, you know, whether you went for a work or...you know, you went for a celebration. So that's being Tibetan. That's the shape. You know, you will normally...I mean, throughout my life, if I have nothing to do, I will always see myself singing something.”